



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Cath Pendleton (50y) 

has completed a swim observed by IISA:

Date: 17-Nov-2022

Venue: Keepers Pond

Distance: 3125 metres

Swim Time: 00:01:05.00

Water Temp: 7.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Robert Lloyd
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION