



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Cath Pendleton (50y)** 

has completed a swim observed by IISA:

Date: 14-Nov-2022

Venue: Keepers Pond

Distance: 2556 metres

Swim Time: 00:00:59.03

Water Temp: 9.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Robert Lloyd  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION