



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Cath Pendleton (45y)** 

has completed a swim observed by IISA:

Date: **14-Jan-2018**

Venue: **Keepers Pond, Blaenavon**

Distance: **1035 metres**

Swim Time: **00:19:25.00**

Water Temp: **1.30°C**

Wind Chill: **2.00°C**

Stroke: **Crawl**

Observer: **Viki Brice**  
**Great Britain**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**