



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Cath Pendleton (45y) 

has completed a swim observed by IISA:

Date: **24-Nov-2017**

Venue: **Keepers Pond, Blaenavon**

Distance: **1638 metres**

Swim Time: **00:00:31.15**

Water Temp: **5.90°C**

Wind Chill: **2.00°C**

Stroke: **Crawl**

Observer: **Viki Brice**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION