



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

john ryan (50y) 

has completed a swim observed by IISA:

Date: **16-Dec-2018**

Venue: **Wild Water Armagh**

Distance: **1000 metres**

Swim Time: **00:16:03.00**

Water Temp: **5.10°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Tiffany Quinn**
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION