



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sara Jarman (54y) 

has completed a swim observed by IISA:

Date: **28-Nov-2015**

Venue: **Harthill**

Distance: **1000 metres**

Swim Time: **00:21:43.00**

Water Temp: **5.70°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Jonty Warneken**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION