



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Frederik Ploug Johansen (29y) 🇩🇰

has completed a swim observed by IISA:

Date: 18-Jan-2024

Venue: Odense Havnebad

Distance: 1000 metres

Swim Time: 00:16:37.00

Water Temp: 3.20°C

Wind Chill: -1.60°C

Altitude: 3 metres

Stroke: Crawl

Observer: Maria Anthonsen
Denmark

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION