

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Adam Ciempka (38y)

has completed a swim observed by IISA:

Date: 05-Dec-2015

Venue: Hradec Kralove

Distance: 500 metres

Swim Time: 00:08:49.00

Water Temp: 4.80°C

Wind Chill: 4.00°C

Stroke: Crawl

Observer: Jiri Kurina

Czech Republic

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION