



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Jozef Szostak (61y) 

has completed a swim observed by IISA:

Date: **03-Dec-2016**

Venue: **4th International Open Polish Championship in Winter Swimming **

Distance: **450 metres**

Swim Time: **00:13:44.28**

Water Temp: **4.00°C**

Wind Chill: **5.00°C**

Stroke: **Breast**

Observer: **MARGOT ANDERSON**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION