



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Paul Powell (48y) 

has completed a swim observed by IISA:

Date: 09-Jan-2016

Venue: Harthill Reservoir

Distance: 1000 metres

Swim Time: 22:00:00.00

Water Temp: 5.70°C

Wind Chill: 4.00°C

Stroke: Crawl

Observer: Leon Fryer
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION