

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Michelle Brooker (29y)



has completed a swim observed by IISA:

Date: 14-Dec-2015

Venue: Wild Water Armagh

Distance: 450 metres

Swim Time: 00:07:14.00

Water Temp: 3.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Padraig Mallon

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION