



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Jennifer Gardner** (42y) 

has completed a swim observed by IISA:

Date: **02-Dec-2023**

Venue: **Sandford Parks Lido , Cheltenham**

Distance: **500 metres**

Swim Time: **00:07:58.00**

Water Temp: **4.20°C**

Wind Chill: **-3.00°C**

Altitude: **61 metres**

Stroke: **Crawl**

Observer: **john myatt**  
**Great Britain**

**KEEP SAFTEY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**