



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Tim Vreeburg (43y) 

has completed a swim observed by IISA:

Date: 26-Nov-2023

Venue: Amsterdam

Distance: 1000 metres

Swim Time: 00:18:16.98

Water Temp: 7.00°C

Wind Chill: 6.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Christa Hesterman
Netherlands

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION