



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Elisa de Vries (23y) 

has completed a swim observed by IISA:

Date: 04-Jan-2026

Venue: Jeugdland Amsterdam

Distance: 610 metres

Swim Time: 00:11:03.03

Water Temp: 1.90°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Christa Hesterman
Netherlands

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION