



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Laurence Goodacre (43y)** 

has completed a swim observed by IISA:

Date: **03-Dec-2023**

Venue: **Shepperton Liquid leisure Lake**

Distance: **685 metres**

Swim Time: **00:12:28.00**

Water Temp: **5.40°C**

Wind Chill: **6.00°C**

Altitude: **11 metres**

Stroke: **Crawl**

Observer: **Alexandra Burdge**  
**Great Britain**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**