



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Jamie Lingham (50y) 

has completed a swim observed by IISA:

Date: 06-Aug-2023

Venue: Lysterfield Dam

Distance: 3556 metres

Swim Time: 01:33:16.00

Water Temp: 10.04°C

Wind Chill: 8.00°C

Altitude: 67 metres

Stroke: Crawl

Observer: Olivia Wawryk
Australia

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION