



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Amanda Holland (53y) 

has completed a swim observed by IISA:

Date: 21-Jan-2024

Venue: Parliament Hill Lido

Distance: 244 metres

Swim Time: 00:04:16.00

Water Temp: 0.00°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Andrew Butler
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION