



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Amanda Holland (52y) 

has completed a swim observed by IISA:

Date: **22-Apr-2023**

Venue: **Devils Point Plymouth**

Distance: **5500 metres**

Swim Time: **02:11:00.00**

Water Temp: **9.80°C**

Wind Chill: **7.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Matthew Holland**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION