

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

john myatt (51y) 🚟

has completed a swim observed by IISA:

Date: 09-Dec-2023

Venue: Sandford lido, Cheltenham, UK

Distance: 1400 metres

Swim Time: 00:23:46.00

Water Temp: 5.70°C

Wind Chill: 10.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Jennifer Gardner

**Great Britain** 

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INTERNATIONAL ICE SWIMMING ASSOCIATION