



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Kara Permisohn (50y)** 

has completed a swim observed by IISA:

Date: **31-Jan-2023**

Venue: **Oyster Harbour, Annapolis, MD, USA**

Distance: **1651 metres**

Swim Time: **00:34:47.50**

Water Temp: **5.40°C**

Wind Chill: **5.56°C**

Stroke: **Breast**

Observer: **Brian Jaskot**  
**United States**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**