



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Alan Jamieson (58y) 

has completed a swim observed by IISA:

Date: 26-Jul-2015

Venue: Hertzelia School

Distance: 500 metres

Swim Time: 00:08:49.00

Water Temp: 0.00°C

Wind Chill: 18.00°C

Stroke: Crawl

Observer: Ram Barkai
South Africa

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION