



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Jesper Praest Olsen** (44y) 

has completed a swim observed by IISA:

Date: 21-Jan-2024

Venue: Esbjerg Strand Denmark

Distance: 500 metres

Swim Time: 00:11:08.21

Water Temp: 2.60°C

Wind Chill: -3.34°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Henry Lykke Stokholm  
Denmark

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**