



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Hermann Spangenberg (44y) 

has completed a swim observed by IISA:

Date: 26-Jul-2015

Venue: Cape Town

Distance: 500 metres

Swim Time: 00:08:29.00

Water Temp: 9.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ram Barkai
South Africa

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION