

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Derrick Frazer (49y)



has completed a swim observed by IISA:

Date: 23-Jul-2011

Venue: Fraserburg

Distance: 600 metres

Swim Time: 00:13:16.00

Water Temp: 5.00°C

Wind Chill: 5.00°C

Stroke: Crawl

Observer: Ram Barkai

South Africa

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION