



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Emma Cummings (43y) 

has completed a swim observed by IISA:

Date: **24-Dec-2016**

Venue: **Loch Ard**

Distance: **1023 metres**

Swim Time: **00:21:20.00**

Water Temp: **5.50°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Kathryn Pratschke**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION