

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Chris Laubscher (34y)



has completed a swim observed by IISA:

Date: 24-Mar-2019

Venue: Blouberg Shipwreck

Distance: 5000 metres

Swim Time: 01:30:33.00

Water Temp: 10.00°C

Wind Chill: 15.00°C

Stroke: Crawl

Observer: Derrick Frazer

South Africa

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION