

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Chris Laubscher (31y) **>=**

has completed a swim observed by IISA:

Date: 15-Aug-2015

Venue: Matroosberg

Distance: 1000 metres

Swim Time: 00:23:28.00

Water Temp: 7.00°C

Wind Chill: 12.00°C

Stroke: Crawl

Observer: Derrick Frazer

South Africa

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION