



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Grace McLaughlin (50y) 

has completed a swim observed by IISA:

Date: **23-Dec-2022**

Venue: **Wild Water, Armagh, N.Ireland**

Distance: **500 metres**

Swim Time: **00:07:30.00**

Water Temp: **3.10°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Ian Conroy**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION