

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

James Norton (59y)

has completed a swim observed by IISA:

Date: 04-Feb-2023

Venue: Serpentine, London

Distance: 1000 metres

Swim Time: 00:18:00.00

Water Temp: 5.80°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Nick Hungerford

Australia

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION