

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Nicola Doran (49y)



has completed a swim observed by IISA:

Date: 23-Dec-2022

Venue: Wild Water Armagh

Distance: 1000 metres

Swim Time: 00:16:45.00

Water Temp: 3.10°C

Wind Chill: 6.00°C

Stroke: Crawl

Observer: Ger Kennedy

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION