



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Nicola Doran (49y) 

has completed a swim observed by IISA:

Date: **23-Dec-2022**

Venue: **Wild Water Armagh**

Distance: **1000 metres**

Swim Time: **00:16:45.00**

Water Temp: **3.10°C**

Wind Chill: **6.00°C**

Stroke: **Crawl**

Observer: **Ger Kennedy**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION