



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Elizabeth Almond (49y)** 

has completed a swim observed by IISA:

Date: **01-Dec-2022**

Venue: **Ohio St. Beach, Chicago, IL**

Distance: **1025 metres**

Swim Time: **00:23:18.42**

Water Temp: **3.00°C**

Wind Chill: **2.56°C**

Stroke: **Crawl**

Observer: **Qing Li**  
**United States**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**