



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Lorraine McGowan (47y) 

has completed a swim observed by IISA:

Date: **22-Jan-2022**

Venue: **Hatfield- Doncaster**

Distance: **1000 metres**

Swim Time: **00:22:30.00**

Water Temp: **4.45°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Leon Fryer**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION