

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Conor O Connor (60y)

has completed a swim observed by IISA:

Date: 08-Jan-2023 Venue: Wild Water Armagh Distance: 1600 metres Swim Time: 00:46:44.00 Water Temp: 5.60°C Wind Chill: 0.00°C Stroke: Crawl

Observer: Brianna Jackson Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION