



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Conor O Connor** (60y) 

has completed a swim observed by IISA:

Date: 26-Nov-2022

Venue: Wild Water Armagh

Distance: 1000 metres

Swim Time: 00:26:20.00

Water Temp: 6.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ger Kennedy  
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**