



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

Stephanie Coop (38y) 

has completed a swim observed by IISA:

Date: 27-Nov-2022

Venue: Loch Awe

Distance: 1000 metres

Swim Time: 00:35:27.06

Water Temp: 5.80°C

Wind Chill: 8.00°C

Stroke: Breast

Observer: Leon Fryer
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION