



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Pavlina Jackson** (60y) 

has completed a swim observed by IISA:

Date: 24-Dec-2022

Venue: Cliff Lakes

Distance: 450 metres

Swim Time: 00:09:39.00

Water Temp: 5.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Caroline Saxon  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION