



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Elaine K Howley (45y)** 

has completed a swim observed by IISA:

Date: **29-Jan-2023**

Venue: **Pleasure Bay, South Boston, Massachusetts, USA**

Distance: **1100 metres**

Swim Time: **00:23:01.34**

Water Temp: **4.38°C**

Wind Chill: **6.40°C**

Stroke: **Crawl**

Observer: **Martha Wood**  
**United States**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**