

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Ian Griffiths (52y) 😹

has completed a swim observed by IISA:

Date: 28-Nov-2021 Venue: Pickmere Lake, Cheshire Distance: 1579 metres Swim Time: 00:35:40.00 Water Temp: 5.40°C Wind Chill: -1.00°C Stroke: Crawl

Observer: Michael Boyle Great Britain

## KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION