

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

lan Griffiths (53y) ******

has completed a swim observed by IISA:

Date: 24-Dec-2021

Venue: Pickmere Lake, Cheshire

Distance: 1245 metres

Swim Time: 00:28:19.00

Water Temp: 4.80°C

Wind Chill: 8.00°C

Stroke: Crawl

Observer: Michael Boyle

Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION