



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Ian Griffiths (52y) 

has completed a swim observed by IISA:

Date: **30-Dec-2020**

Venue: **Pickmere Lake, Cheshire**

Distance: **880 metres**

Swim Time: **00:19:37.00**

Water Temp: **4.00°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Jo Bolton**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION