



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Elizabeth Mills (44y) 

has completed a swim observed by IISA:

Date: **20-Jan-2024**

Venue: **Shaftesbury Lido**

Distance: **1006 metres**

Swim Time: **00:15:49.00**

Water Temp: **4.10°C**

Wind Chill: **5.00°C**

Altitude: **215 metres**

Stroke: **Crawl**

Observer: **Harriet Green**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION