



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Monika Stęsik** (32y) 

has completed a swim observed by IISA:

Date: 20-Feb-2022

Venue: Eżek, Poland. Poland Cup

Distance: 500 metres

Swim Time: 00:09:47.19

Water Temp: 1.65°C

Wind Chill: -4.00°C

Stroke: Crawl

Observer: Krzysztof Kubiak  
Poland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION