



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Karen Molloy (51y) 

has completed a swim observed by IISA:

Date: 13-Jan-2024

Venue: Portumna

Distance: 1050 metres

Swim Time: 00:21:25.01

Water Temp: 4.00°C

Wind Chill: 6.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Brian Dillon
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION