



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Louis van Walsem (62y) 

has completed a swim observed by IISA:

Date: **29-Dec-2019**

Venue: **Amsterdam, the Amstel**

Distance: **500 metres**

Swim Time: **00:10:33.92**

Water Temp: **5.30°C**

Wind Chill: **-2.80°C**

Stroke: **Crawl**

Observer: **Christa Hesterman**
Netherlands

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION