



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Mike Alderson** (62y) 

has completed a swim observed by IISA:

Date: 07-Jan-2024

Venue: Shore Road Poole

Distance: 3050 metres

Swim Time: 01:17:22.00

Water Temp: 9.83°C

Wind Chill: 1.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Rebecca Goodson  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**