



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Laura Wilcox** (36y) 

has completed a swim observed by IISA:

Date: 28-Nov-2021

Venue: Bray lake, SL6 2EB, UK

Distance: 935 metres

Swim Time: 00:14:10.00

Water Temp: 4.70°C

Wind Chill: -4.00°C

Stroke: Crawl

Observer: Bridget Bewick  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION