

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Kirstie Denton (37y) 😹

has completed a swim observed by IISA:

Date: 03-Dec-2022 Venue: Sweethope Lough Distance: 460 metres Swim Time: 00:12:30.00 Water Temp: 4.30°C Wind Chill: 0.00°C Stroke: Crawl

Observer: Fenwick Ridley Great Britain

## KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION