

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sian Clement (45y)

has completed a swim observed by IISA:

Date: 20-Nov-2022

Venue: High Rock, Dublin

Distance: 2108 metres

Swim Time: 00:43:25.00

Water Temp: 9.20°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Fergal Somerville

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION