



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Sian Clement** (45y) 

has completed a swim observed by IISA:

Date: 17-Nov-2022

Venue: Keepers Pond

Distance: 3136 metres

Swim Time: 01:03:53.00

Water Temp: 7.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Cath Pendleton  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**