



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sian Richardson (53y) 

has completed a swim observed by IISA:

Date: 15-Feb-2018

Venue: Trefeiddan Pond, St Davids, Pembrokeshire, Wales, UK

Distance: 1445 metres

Swim Time: 00:41:45.00

Water Temp: 4.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: ella richardson
Macao

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION